

Course Schedule

Level 1 Diploma in Early Years 2026

March 2026 to March 2027

Core Teaching

There are 72 hours of core teaching on this course, delivered either as 12 Friday sessions of 6 hours, or 24 Mondays of 3 hours

- ⇒ Students may attend one Friday per month, 8am - 2pm; totalling 12 Fridays between March 2026 and March 2027. This is **The Friday Group**.
- ⇒ Students may attend two Mondays per month, 5:30-8:30pm; totalling 24 Mondays between March 2026 and March 2027. This is **The Monday Group**

Essential Learning

In addition to the core teaching, there are another 78 hours of essential learning, to make up to the course hours of 150 learning hours. These 78 hours may be undertaken by attended classes, or by studying independently online. Students can choose their mode of study for these hours according to Group A or B:

- ⇒ **Group A** – Attend an additional 13 Friday sessions from 8am - 2pm
- ⇒ **Group B** – Study independently using the moodle platform, and following a **blended** learning approach

Reading this schedule

To complete this course, you must follow your sessions from both the **Core Teaching** and **Essential Learning** timetables each month

- ⇒ **Choose your Core Teaching** – Decide whether to attend on Fridays or on Mondays
- ⇒ **Choose your Essential Learning** – Decide whether to study online or attend the Essential Learning sessions one additional Friday per month (13 sessions)

Core Teaching:

Level 1 Diploma in Early Years Friday: Cohort L1-'26-Fri-A,B

For students who attend on a Friday, from Group A (F2F only) and B (Blended)

	Date	Time	Unit	Session Title
1	Fri 27/3/26	8am-2pm	7 – Professional Practice 4 – Family & Community	Course Introduction Reflective Practice
2	Fri 24/4/26	8am-2pm	2- Approaches and Perceptions	Origins of Self & Emotional Development
3	Fri 29/5/26	8am-2pm	1 – Child Development	Cognitive & Emotional Development
4	Fri 26/6/26	8am-2pm	1 – Child Development	Sensation & Movement Atypical development
5	Fri 24/7/26	8am-2pm	3 – Quality Care & Pedagogy	Effective early years environments & Activities
6	Fri 28/8/26	8am-2pm	6 – Procedures, Laws and Ethics	Hygiene, illness and childhood nutrition
7	Fri 30/10/26	8am-2pm	3 – Quality Care & Pedagogy	Language Development & Bilingualism
8	Fri 27/11/26	8am-2pm	3 – Quality Care & Pedagogy	Classic children's literature & Sharing books (practical workshop)
9	Fri 25/12/26	8am-2pm	5 – Arts Education	Arts and Creativity in practice
10	Fri 29/1/27	8am-2pm	1 – Child Development	Understanding disorders & Inclusive practice
11	Fri 26/2/27	8am-2pm	3 – Quality Care & Pedagogy 4 – Family & Community	Music and Movement in practice Working in a team
12	Fri 26/3/27	8am-2pm	4 – Family & Community	Contemporary parenting, Bronfenbrenner & Diversity

Core Teaching:

Level 1 Diploma in Early Years Friday: Cohort L1-'26-Mon-A,B

For students who attend on a Monday, from Group A (F2F only) and B (Blended)

	Date	Time	Unit	Session Title
1a	Mon 16/03/26	5:30 – 8:30pm	7 – Professional Practice	Course Introduction
1b	Mon 30/03/26	5:30 – 8:30pm	4 – Family & Community	Reflective Practice
2a	Mon 27/04/26	5:30 – 8:30pm	2- Approaches and Perceptions	Origins of Self & Emotional Development Part 1
2b	Mon 11/05/26	5:30 – 8:30pm	2- Approaches and Perceptions	Origins of Self & Emotional Development Part 2
3a	Mon 25/05/26	5:30 – 8:30pm	1 – Child Development	Cognitive & Emotional Development Part 1
3b	Mon 8/06/26	5:30 – 8:30pm	1 – Child Development	Cognitive & Emotional Development Part 1
4a	Mon 22/06/26	5:30 – 8:30pm	1 – Child Development	Sensation & Movement
4b	Mon 6/07/26	5:30 – 8:30pm	1 – Child Development	Atypical development
5a	Mon 20/07/26	5:30 – 8:30pm	3 – Quality Care & Pedagogy	Effective early years environments
5b	Mon 5/10/26	5:30 – 8:30pm	3 – Quality Care & Pedagogy	Delivering Activities
6a	Mon 12/10/26	5:30 – 8:30pm	6 – Procedures, Laws and Ethics	Hygiene, illness and
6b	Mon 26/10/26	5:30 – 8:30pm	6 – Procedures, Laws and Ethics	Childhood nutrition
7a	Mon 9/11/26	5:30 – 8:30pm	3 – Quality Care & Pedagogy	Language Development
7b	Mon 23/11/26	5:30 – 8:30pm	3 – Quality Care & Pedagogy	Bilingualism
8a	Mon 14/12/16	5:30 – 8:30pm	3 – Quality Care & Pedagogy	Classic children's literature
8b	Mon 28/12/26	5:30 – 8:30pm	3 – Quality Care & Pedagogy	Sharing books (practical workshop)
9a	Mon 11/1/27	5:30 – 8:30pm	5 – Arts Education	Arts and Creativity in practice Part 1
9b	Mon 25/1/27	5:30 – 8:30pm	5 – Arts Education	Arts and Creativity in practice Part 2
10a	Mon 8/2/27	5:30 – 8:30pm	1 – Child Development	Understanding disorders
10b	Mon 22/2/27	5:30 – 8:30pm	1 – Child Development	Inclusive practice
11a	Mon 8/3/27	5:30 – 8:30pm	3 – Quality Care & Pedagogy	Music and Movement in practice
11b	Mon 15/3/27	5:30 – 8:30pm	4 – Family & Community	Working in a team
12a	Mon 20/3/27	5:30 – 8:30pm	4 – Family & Community	Bronfenbrenner & Multiculturalism
12b	Mon 29/3/27	5:30 – 8:30pm	4 – Family & Community	Diversity & Contemporary parenting

Essential Learning :

Level 1 Diploma in Early Years Friday: Cohort L1-'26-Fri/Mon Gr. A

For students who attend on a Friday or Monday from Group A (F2F only)

You MUST bring a laptop to these sessions!

	Date	Time	Unit	Session Title
1	Fri 20/3/26	8am-2pm	6 – Procedures, Laws and Ethics 2- Approaches and Perceptions	Ethics in the Early Years (1 hr) Introduction to Developmental Psychology (4 hrs)
2	Fri 17/4/26	8am-2pm	7 – Professional Practice	Observing Children
3	Fri 15/5/26	8am-2pm	2- Approaches and Perceptions	Foundations of Play
4	Fri 19/6/26	8am-2pm	1 – Child Development 3 – Quality Care & Pedagogy	Children’s Play Schema (3 hrs) and Educational Approaches in Early Years (3 hrs)
5	Fri 3/7/26	8am-2pm	1 – Child Development	Sensorimotor Foundations for Child Development
6	Fri 17/7/26	8am-2pm	3 – Quality Care & Pedagogy	Introduction to ITERS
7	Fri 4/9/26	8am-2pm	6 – Procedures, Laws and Ethics	Health and Nutrition
8	Fri 23/10/26	8am-2pm	3 – Quality Care & Pedagogy 2- Approaches and Perceptions	Planning Activities (5 hrs) Responding to stressful situations (1 hr)
9	Fri 20/11/26	8am-2pm	3 – Quality Care & Pedagogy	Foundations of Literacy (3 hrs) Stories and Books (3 hrs)
10	Fri 18/12/26	8am-2pm	3 – Quality Care & Pedagogy 5 – Arts Education	Outside play (3 hrs) Songs and Rhymes (3 hrs)
11	Fri 22/1/27	8am-2pm	5 – Arts Education 1 – Child Development	Introduction to Arts Education (3 hrs) Introduction to Special Needs (3 hrs)
12	Fri 19/2/27	8am-2pm	4 – Family & Community 6 – Procedures, Laws and Ethics	Attachment Theory and Safe Base (3 hrs) Abuse and Neglect in the Early years (3 hrs)
13	Fri 19/3/27	8am-2pm	4 – Family & Community	Providing Feedback to parents (3 hrs) Conducting Parent Consultations (3 hrs)

Essential Learning :

Level 1 Diploma in Early Years Friday: Cohort L1-'26-Fri/Mon Gr B

For students who attend on a Friday or Monday from Group B (Blended only)

	Course Name	Length	Unit	Deadline
1.	Ethics in the Early Years	1 hour	6 – Procedures, Laws and Ethics	Pre-start
2.	Introduction to Developmental Psychology	5 hours	2- Approaches and Perceptions	30/3/26
3.	Observing Children	4 hours	7 – Professional Practice	15/4/26
4.	Foundations of Play	9 hours	2- Approaches and Perceptions	30/4/26
5.	Children’s Play Schema	4 hours	1 – Child Development	15/5/26
6.	Sensorimotor Foundations for Child Development	5 hours	1 – Child Development	30/5/26
7.	Introduction to ITERS	5 hours	3 – Quality Care & Pedagogy	15/6/26
8.	Educational Approaches in Early Years	3.5 hours	3 – Quality Care & Pedagogy	30/6/26
9.	Health and Nutrition	6 hours	6 – Procedures, Laws and Ethics	15/7/26
10.	Planning Activities	3 hours	3 – Quality Care & Pedagogy	30/7/26
11.	Foundations of Literacy	4 hours	3 – Quality Care & Pedagogy	15/8/26
12.	Stories and Books	4 hours	3 – Quality Care & Pedagogy	30/8/26
13.	Outside play	4.5 hours	3 – Quality Care & Pedagogy	15/9/26
14.	Songs and Rhymes	5 hours	5 – Arts Education	30/9/26
15.	Introduction to Arts Education	4 hours	5 – Arts Education	15/10/26
16.	Introduction to Special Needs	4 hours	1 – Child Development	30/10/26
17.	OPTIONAL: Understanding autism	3 hours	1 – Child Development	15/11/26
18.	Attachment Theory and Safe Base	5 hours	4 – Family & Community	30/11/26
19.	Providing Feedback to parents	4 hours	4 – Family & Community	15/12/26
20.	Conducting Parent Consultations	4 hours	4 – Family & Community	30/12/26
21.	OPTIONAL: Effective Parent Partnerships	4 hours	4 – Family & Community	15/1/27
22.	Responding to stressful situations	4 hours	2- Approaches and Perceptions	30/1/27
23.	Abuse and Neglect in the Early years	2 hours	6 – Procedures, Laws and Ethics	15/2/27

Tutorial Support Workshop:

Level 1 Diploma in Early Years Monday tutorials: All groups welcome

Optional tutorial drop-in sessions for study help and support on any topic

Mondays from 5pm til 7:30 at the college, just drop in and come and see the on-duty tutor!

	Date
1	23/3/26
2	6/4/26
3	4/5/26
4	18/5/26
5	1/6/26
6	15/6/26
7	29/6/26
8	13/7/26
9	27/7/26
10	19/10/26

	Date
11	2/11/26
12	16/11/26
13	30/11/26
14	21/12/26
15	4/1/27
16	18/1/27
17	1/2/27
18	15/2/27
19	1/3/27
20	12/4/27